



Optima Living
Let us welcome you home.™

August 2025

Meadowlands - Main

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend 2nd Floor (2) Dining Room (DR) Common Room (CR) Lobby (L) Chapel (CH) Recreation Room (RR) All spaces (All) Front Parking Lot (FPL) Back Parking Lot (BPL)	Calendar Legend All Day Entertainment Outings Signature Programs Special Programs Resident-Run Family Events Sign-up Meetings				<div>9:30 Hear Canada Clinic (CR) 1</div> <div>9:30 LRC (2)</div> <div>10:00 Butterfly House (L)</div> <div>10:30 Meadowlands Nail Spa (RR)</div> <div>11:00 Rosary (CH)</div> <div>2:00 Pokeno (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Exercises (2) 2</div> <div>2:00 Uno-EO (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>
<div>9:30 Lucky Roller (2) 3</div> <div>10:30 Guided Outdoor Walks (L)</div> <div>2:00 Lotto 649 (DR)</div> <div>4:00 Church with Dallas (CH)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Chase The Ace (2) 4</div> <div>2:00 Bingo (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Silver Strength (2) 5</div> <div>10:30 Guided Outdoor Walks (L)</div> <div>2:00 Margaritaville with 13th Avenue Band (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>Code Green Drill (All) 6</div> <div>9:30 Exercises (2)</div> <div>10:30 Guided Outdoor Walks (L)</div> <div>2:00 Bonus Bingo (DR)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Silver Strength (2) 7</div> <div>10:30 Wheel of Fortune</div> <div>2:00 Sociables with Rough Draft (DR)</div> <div>3:15 Victory Lutheran Service (CH)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 LRC (2) 8</div> <div>10:30 Meadowlands Nail Spa (RR)</div> <div>11:00 Rosary (CH)</div> <div>2:00 Pokeno (DR)</div> <div>6:30 Vintage Vehicle Parade (FPL)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Exercises (2) 9</div> <div>10:30 Chapel Service (CH)</div> <div>2:00 Biggest Loser Bingo (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>
<div>9:30 Lucky Roller (2) 10</div> <div>10:30 Guided Outdoor Walks (L)</div> <div>2:00 Gettin' Jiggy with Norm & Shirley (DR)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Chase The Ace (2) 11</div> <div>2:00 Veiner Transport - Presentation (DR)</div> <div>2:15 Bonus Bingo (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Silver Strength (2) 12</div> <div>10:30 Guided Outdoor Walks (L)</div> <div>12:00 Summer Carnival and BBQ (BPL)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Exercises (2) 13</div> <div>10:00 Culinary Advisory Meeting (DR)</div> <div>10:30 Guided Outdoor Walks (L)</div> <div>2:00 Biggest Loser Bingo (DR)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Silver Strength (2) 14</div> <div>10:30 Wheel of Fortune</div> <div>2:00 Happy Hour with The OG's (DR)</div> <div>3:15 Victory Lutheran Service (CH)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 LRC (2) 15</div> <div>10:30 Meadowlands Nail Spa (RR)</div> <div>11:00 Rosary (CH)</div> <div>2:00 Ice Cream Parlour with Lawrence Streifel (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>	<div>9:30 Exercises (2) 16</div> <div>2:00 Biggest Loser Bingo (DR)</div> <div>6:30 Canasta (2)</div> <div>6:30 Whist/Card Club (CR)</div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:30 Lucky Roller (2) 10:30 Guided Outdoor Walks (L) 2:00 Lotto 649 (DR) 6:30 Whist/Card Club (CR)	18 9:30 Chase The Ace (2) 2:00 Bingo (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	19 9:30 Silver Strength (2) 10:00 Taxi Tuesday (L) 10:30 Guided Outdoor Walks (L) 2:00 Crown & Anchor (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	20 9:30 Exercises (2) 10:30 Guided Outdoor Walks (L) 2:00 Happy Hour with Family Circle (DR) 6:30 Whist/Card Club (CR)	21 9:30 Silver Strength (2) 10:30 Wheel of Fortune 2:00 Bingo (DR) 3:15 Victory Lutheran Service (CH) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	22 9:30 LRC (2) 11:00 Rosary (CH) 11:00 Weiner Roast at Kin Coulee (DR) 2:00 Pokeno (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	23 9:30 Exercises (2) 2:00 Biggest Loser Bingo (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)
24 9:30 Lucky Roller (2) 10:30 Guided Outdoor Walks (L) 2:00 Uno-EO (DR) 6:30 Whist/Card Club (CR)	25 9:30 Chase The Ace (2) 11:30 MHPL (CR) 2:00 Lotto 649 (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	26 9:30 Silver Strength (2) 10:30 Guided Outdoor Walks (L) 1:45 Redcliff Museum & Redcliff Bakery (L) 2:00 Bingo (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	27 9:30 Exercises (2) 10:30 Guided Outdoor Walks (L) 10:45 Casino - Seniors Day (L) 2:00 Cornfest with The Uke Crew (DR) 6:30 Whist/Card Club (CR)	28 9:30 Silver Strength (2) 10:30 Wheel of Fortune 10:30 Barnyard Fun at Hal's Farm (L) 2:00 Tombola (DR) 3:15 Victory Lutheran Service (CH) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	29 9:30 LRC (2) 10:30 Meadowlands Nail Spa (RR) 11:00 Rosary (CH) 2:00 Pokeno (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)	30 9:30 Exercises (2) 10:30 I Knew That! (2) 2:00 Uno-EO (DR) 6:30 Canasta (2) 6:30 Whist/Card Club (CR)
31 9:30 Lucky Roller (2) 10:30 Guided Outdoor Walks (L) 2:00 Lotto 649 (DR) 6:30 Whist/Card Club (CR)						